

## Gautam Buddha Quotes

**On Anger:**

Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned.

**On Judgmental People:**

People with opinions just go around bothering each other.

**On Truth:**

Three things cannot be long hidden: the sun, the moon, and the truth.

**On Anger:**

You will not be punished for your anger; you will be punished by your anger.

**On Work:**

To be idle is a short road to death and to be diligent is a way of life; foolish people are idle, wise people are diligent.

**On Friends:**

An insincere and evil friend is more to be feared than a wild beast; a wild beast may wound your body, but an evil friend will wound your mind.

**On Love:**

You, yourself, as much as anybody in the entire universe, deserve your love and affection.

**On Envy:**

Do not overrate what you have received, nor envy others. He who envies others does not obtain peace of mind.

**On Good Deeds:**

Neither fire nor wind, birth nor death can erase our good deeds.

**On Thought:**

The mind is everything. What you think you become.

**On Gratitude:**

Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least we didn't die; so, let us all be thankful.

**On Hatred:**

Hatred does not cease by hatred, but only by love; this is the eternal rule.